

# How do I get my 20 minutes?

- Read during snack time
- Keep a few books in the car
- Make a set time to read aloud to your child—even if it's for 5 minutes!
- Add reading into transitions—reading while you clean up lunch or finish getting ready to leave
- Read everything! Signs, food boxes, magazines, etc.
- Keep books by the bed
- Have a set time for your child to read quietly to themselves
- Play reading games—hangman, Brain Quest, etc.
- Read while you wait at a restaurant or doctor's office
- Listen to stories online. Try Storyline Online!
- Read activity books, such as cookbooks for kids or Klutz books.